## Heads Up! Maintain Your Brain

## **Free Public Health Forum**

**Discussing healthy living for the brain** 

## Thursday, November 4, 2010 Good Shepherd Roman Catholic Church 1125 Saskatchewan Ave. E. (Hwy 1A East) Portage la Prairie, Manitoba 7:00 - 9:00 pm



Presenter Dr. Gordon Glazner, is a Principal Investigator in the Division of Neurodegenerative Disorders at the St. Boniface Hospital Research Centre. Come and learn more about healthy living tips that will enhance your brain activity.

Register online today at **www.alzheimer.mb.ca** or call 239-4898 or 1-800-378-6699



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