

# Workshop: Living with Alzheimer's Disease or Other Dementias



**Saturday, September 24, 2016**  
9 am – 4 pm

**Basement Boardroom  
Russell Health Centre**  
426 Alexandria Ave. S.  
Russell, MB

**Cost: \$20/person**

Includes resources and lunch

Topics of discussion:

- Understanding dementia and day-to-day living
- Communicating
- Caring for people with changing behaviours
- Caring for yourself while caring for others
- Health Care Directives, P.O.A., Caregiver Tax Credit



**Limited  
seating!**

To register or for more information, contact Julie Hockley at  
[wmprog@alzheimer.mb.ca](mailto:wmprog@alzheimer.mb.ca) or 204-729-8320