

UPCOMING SEMINARS Winter/Spring 2020

**St. Laurent Community Health Centre
51 Parish Lane, St. Laurent, MB
Community Health Office (basement)**

Refusing Medications: Why, What and How?

Tuesday, February 11, 6:30 – 8 pm

Learn tips on cueing people to take their medications, questions to ask health providers about medications, along with other issues and considerations around medications and dementia.

Presented by: Terri Bowser, Regional Educator, Rehabilitation, Healthy Aging and Seniors Care, Winnipeg Regional Health Authority

Legal Matters

Tuesday, March 10, 6:30 – 8 pm

Find out more about three legal documents that are important for future planning – wills, powers of attorney and health care directives. What are they, why are they important and how do you get them?

Presented by: Heather Dixon, LL.B.,
Counsel to The People's Corner Law Office, Winnipeg

Transitioning to Long Term Care

Tuesday, April 14, 6:30 – 8 pm

Understand the process when transitioning to a personal care home. Where should you start? Who should you talk to? How long is the wait time? What if you decline a bed offer?

Presented by: Michelle Janz, Mental Health Resource Nurse,
Fairview Long Term Care, Brandon

**Please
arrive by
6:15 pm**

**Everyone
Welcome!**

You can register:
Online: alzheimer.mb.ca
Email: alzmb@alzheimer.mb.ca
Phone: 1-204-646-2504

