AlzheimerSociety

Dementia Care & Brain Health

Telehealth **Family Education For Those** Impacted by **Dementia**

UPCOMING SEMINARS Winter/Spring 2020

Refusing Medications: Why, What and How? Tuesday, February 11, 6:30 – 8 pm

Learn tips on cueing people to take their medications, questions to ask health providers about medications, along with other issues and considerations around medications and dementia.

Presented by: Terri Bowser, Regional Educator, Rehabilitation, Healthy Aging and Seniors Care, Winnipeg Regional Health Authority

Legal Matters

Tuesday, March 3, 6:30 – 8 pm

Find out more about three legal documents that are important for future planning wills, powers of attorney and health care directives. What are they, why are they important and how do you get them?

> Presented by: Heather Dixon, LL.B., Counsel to The People's Corner Law Office, Winnipeg

Transitioning to Long Term Care Tuesday, April 14, 6:30 – 8 pm

Understand the process when transitioning to a personal care home. Where should you start? Who should you talk to? How long is the wait time? What if you decline a bed offer?

> Presented by: Michelle Janz, Mental Health Resource Nurse, Fairview Long Term Care, Brandon

Register online for a Telehealth session in your community!



Provincial Office

10 - 120 Donald St. Winnipeg, MB R3C 4G2 Phone: 204-943-6622

Toll Free: 1-800-378-6699 alzmb@alzheimer.mb.ca

Winter 2020 Telehealth Locations

Altona

Altona Community Memorial Health Centre 240-5th Ave. NE., Altona, MB *Muti Purpose Room*

Ashern

Lakeshore General Hospital 1 Steenson Dr., Ashern, MB Large Boardroom

Beausejour

Beausejour Community Health Centre 151 1st St S., Beausejour, MB Multipurpose Room - Enter ER doors

Benito

Benito Health Centre 200 1st St E., Benito, MB Hospital Board Room

Brandon

Brandon Regional Heath Centre 150 McTavish Ave. E., Brandon, MB *N2480 - Nurses Residence*

Carman

Carman Memorial Hospital Box 610 4th St SW, Carman, MB *Multi Purpose Room*

Dauphin

Dauphin Hospital 625 3rd St. SW., Dauphin, MB Cafeteria Conference Room

Deloraine

Deloraine Health Centre 109 Kellett Street S., Deloraine, MB *Wig Room*

Flin Flon

Flin Flon Primary Health Care Centre 1 North Ave, Flin Flon, MB Large Conference Room- Room 131

Gimli

Gimli Community Health Centre 120-6th Ave., Gimli MB Mutli Purpose Room

Gladstone

Seven Regions Health Centre 24 Mill St., Gladstone, MB Conference Room 2

Grandview

Grandview District Hospital 644 Mill St., Grandview, MB Hospital Board Room

Lac du Bonnet

Lac du Bonnet Health Centre 89 McIntosh St., Lac du Bonnet, MB *Multi Purpose Room*

Killarney

Tri-Lake Health Centre 86 Ellis Dr., Killarney, MB Board Room

McCreary

McCreary/Alonsa Health Centre 613 PTH 50, McCreary, MB Board Room

Melita

Melita Health Centre 147 Summit St., Melita, MB *Multi Purpose Room*

Peguis

Peguis Health Centre Off of Hwy 325, Peguis, MB Board Room

Pinawa

Pinawa Hospital 30 Vanier Dr., Pinawa, MB Conference Room

Portage la Prairie

Portage & District General Hospital 524-5th St. SE., Portage la Prairie, MB Seminar Room

Roblin

Roblin Health Centre 15 Hospital St., Roblin, MB Hospital Board Room

Russell

Russell Health Centre 426 Alexandria Ave. S., Russell, MB Conference Room

Selkirk

Selkirk Regional Health Centre 120 Easton Dr., Selkirk, MB OPC Board Room

Souris

Souris Health Centre 155 Brindle Ave E., Souris, MB Multi Purpose Room

St. Pierre

St. Pierre Hospital 354 Prefontaine Ave., St. Pierre, MB Health Corner

Ste. Rose du Lac

Personal Health Care Centre 1SO, Ste Rose du Lac, MB Interview Room

Stonewall

Stonewall & District Health Centre 589 3 Ave St., Stonewall, MB Multi Purpose Room

Swan Lake

Lorne Memorial Hospital #9-2nd Street North, Swan Lake, MB Manitoba Telehealth Room

Swan River

Swan Valley Health Centre 1011 Main St. E., Swan River, MB Board Room

The Pas

Primary Health Care Centre 111 Cook Ave., The Pas, MB Meeting Room 104

Thompson

Northern Spirit Manor 879 Thompson Drive S., Thompson, MB Education Conference Room

Treherne

Tiger Hills Health Centre 64 Clark St., Treherne, MB *Middle Clinic Office*

Virden

Virden Health Unit 480 King St E, Virden, MB Board Room

Vita

Vita & District Health Centre 217 1st Ave., Vita, MB Board Room

Waterhen

Waterhen Primary Health Centre 104 North Mallard Rd., Waterhen, MB *Meeting Room A/B*

Winkler / Morden

Boundary Trails Health Centre Junctions Hwy 3 & 14, Winkler, MB Large Board Room

Winnipegosis

Winnipegosis & District Health Centre 230 Bridge St., Winnipegosis, MB Board Room