

# Living with Dementia: First Steps - Part 1

Saturday, January 21, 2017

9 am – 12 pm

River Ridge II Retirement  
Residence

2701 Scotia St.

Winnipeg, MB

**Cost: \$10/person**

Includes refreshments and resources

Topics of discussion:

- Overview of dementia.
- Activities to experience what it might be like to have dementia
- We're here for you – the Alzheimer Society

**Limited  
seating!**

Three ways to register:

1. Online at [alzheimer.mb.ca](http://alzheimer.mb.ca)
2. Email [alzmb@alzheimer.mb.ca](mailto:alzmb@alzheimer.mb.ca)
3. Call 204-943-6622  
or 1-800-378-6699