



**Disrupting the Dementia Landscape:  
The Promise of  
Future Technology**

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## Aging Well

“Healthy aging” is the ability to remain independent in our lives, and to actively participate in society (the way we want to)

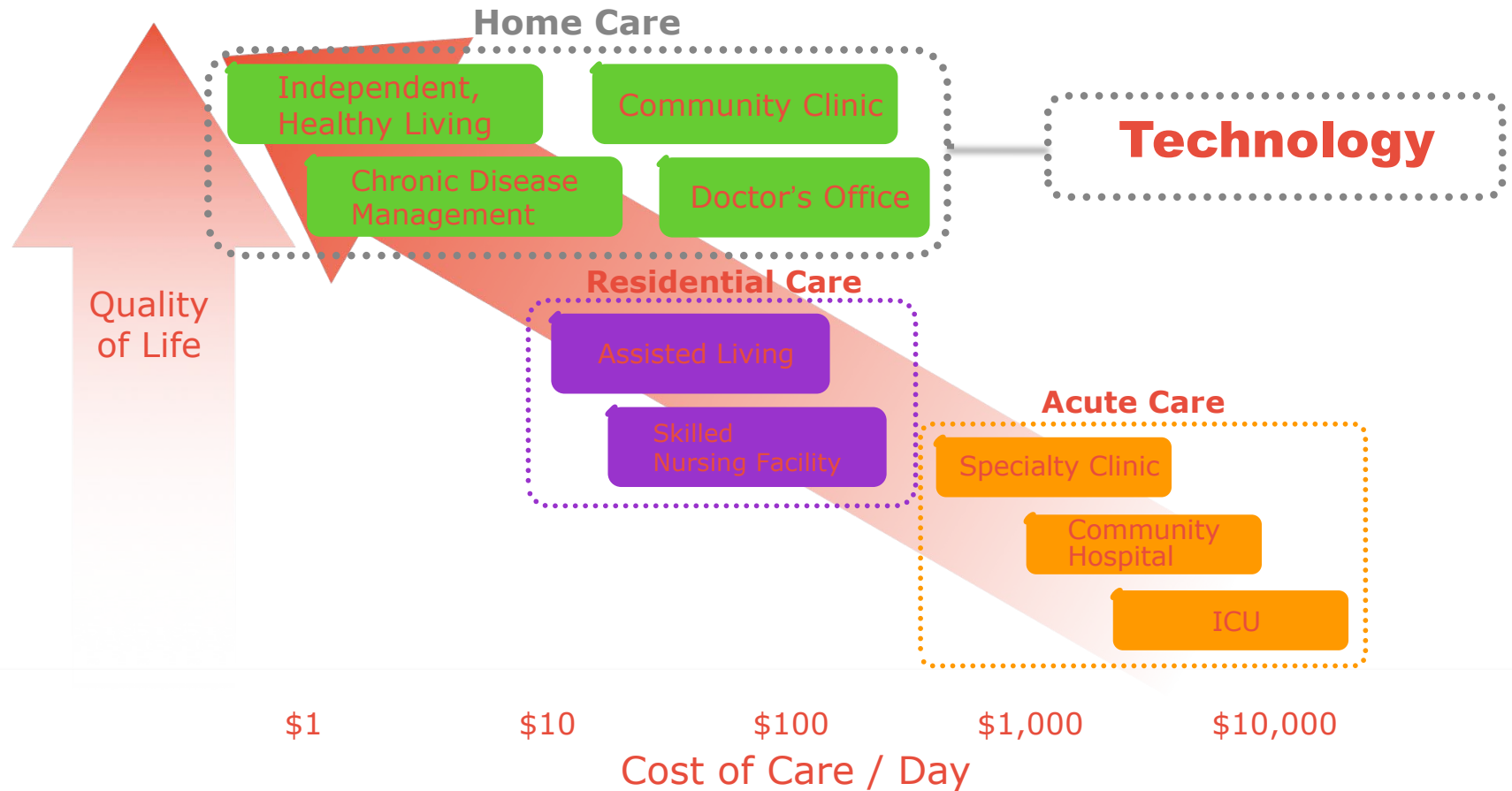
We can all age well, even in the face of disease, impairment, and disability



# Technology as a Solution



# From Reactive to Proactive Care



There is

**STRONG  
POTENTIAL**

for technology to support

**HEALTHY &  
ACTIVE  
AGING**

**...However**



**We NEED  
to do  
BETTER**

# Failure to Launch

**There are very few devices available, with many of them being too **expensive** and **difficult** to use**

## Why is it like this?

The needs of older adults are complex, and are even more so in the face of specific impairments and diseases.

More often than not, an understanding of these users' needs is not part of a project.

There has been a “silo” mentality in this field that has resulted in poor outcomes.



# Current technologies are stigmatizing



# It's a moving target



**Older adults (and their caregivers)  
are becoming more tech savvy**



**There are growing expectations on  
the integration of technologies into  
their daily lives**

Disruption

NEXT EXIT



# Disruptive Technologies

....when introduced, either radically transforms markets, creates wholly new markets or destroys existing markets for other technologies.



**Our goal MUST BE to develop disruptive technologies that can enable aging-in-place, and to support caregivers and families.**

# **Disruption requires INSPIRATION**



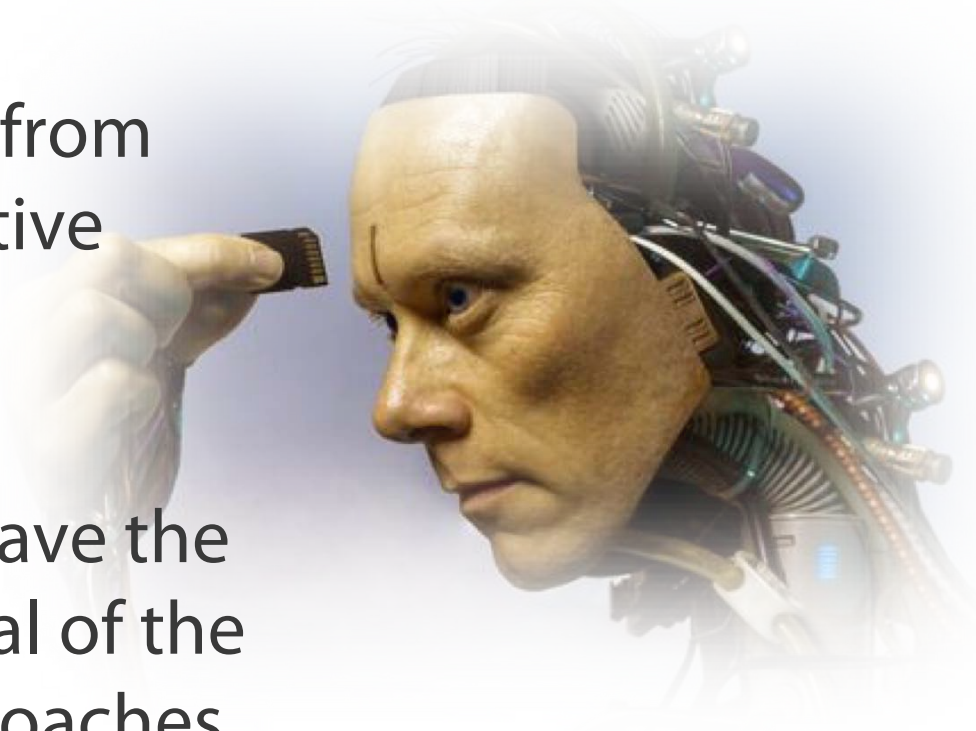
**Disruption  
requires NEW  
WAYS OF  
THINKING**



# Learning from other Disciplines

New technologies and approaches are emerging from other fields (e.g. AI, cognitive computing)

These new technologies have the potential to address several of the limitations of current approaches

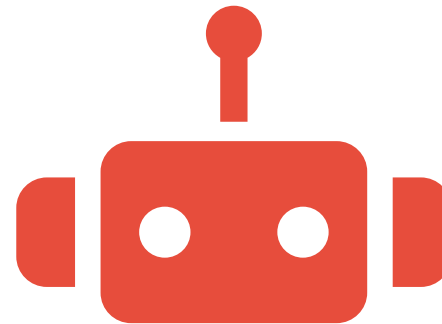


# Emerging Areas

New approaches are leading to new promising areas of research and leading edge technologies



**Smart Homes**



**Robotics**

# Smart Homes



# ADL Support



An intelligent cognitive assistive technology that tracks a user through an ADL, providing cues when necessary.





# Ambient-Based Monitoring

Many seniors are required to monitor and report on various chronic conditions (e.g. diabetes, CHF)

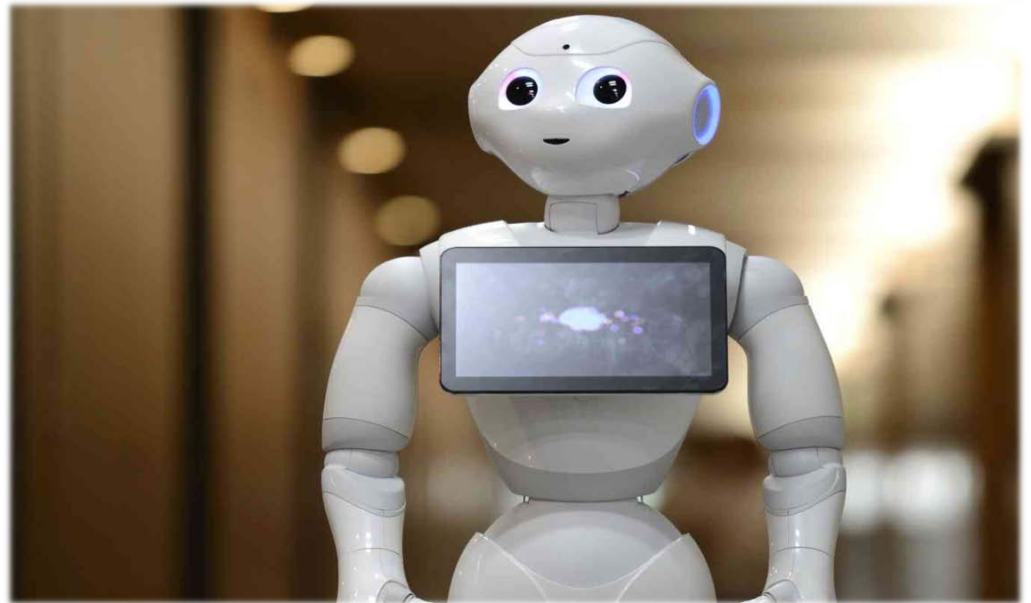
They are required to use technologies to collect data

Often these technologies have poor usability leading to poor adherence





# These ARE the droids you are looking for....





# Potential Robotic Approaches



**Social Robots**



**Cognitive Robots**



# Robotics – Driverless Cars



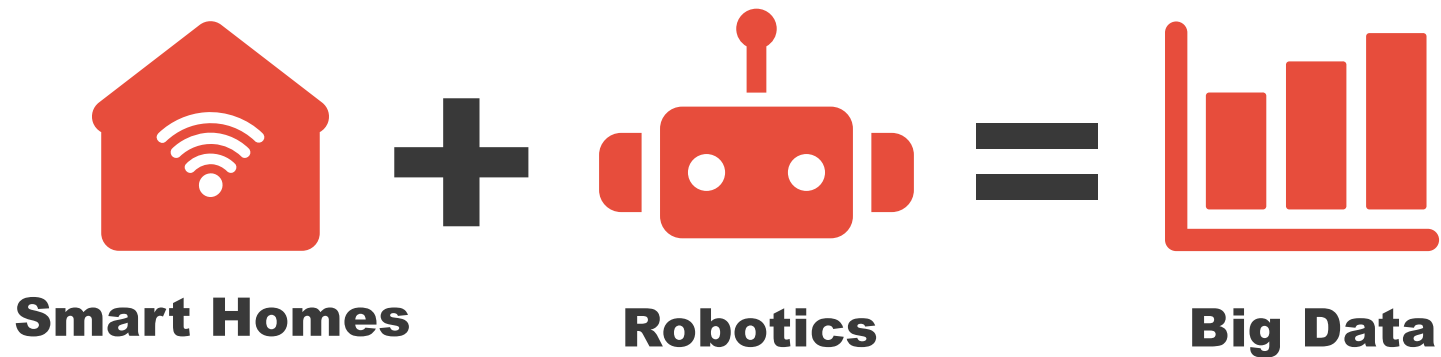
**MAY BE THE DRIVER.** One day your car may speed along an electric super-highway, its speed and steering automatically controlled by electronic added in the road. Travel will be more enjoyable. Highways will be made safe—by electricity! No traffic jams . . . no collisions . . . no driver fatigue.



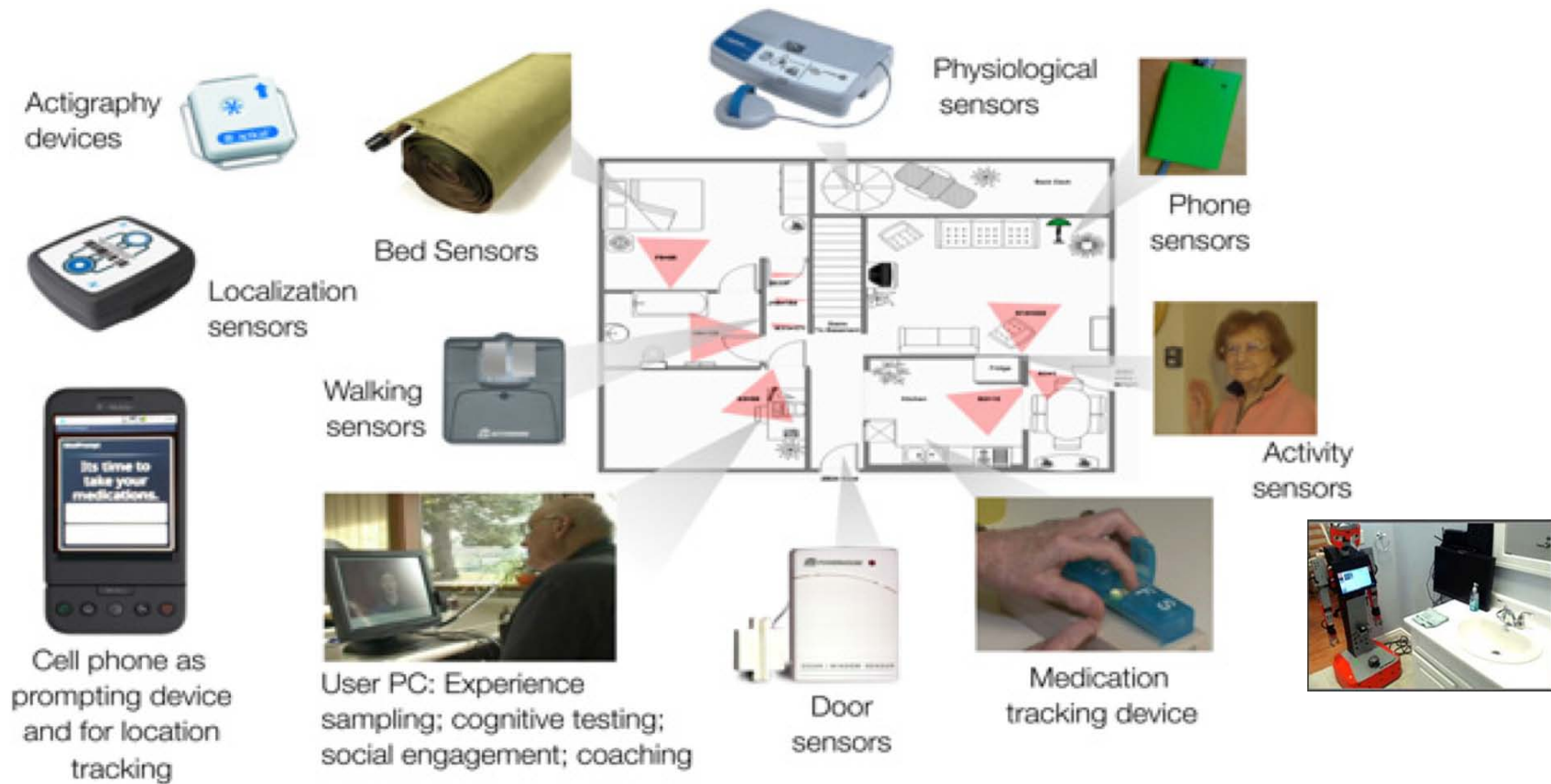
*“The self-driving car — a godsend for older Americans — is now on the horizon”  
– AARP (2015)*

# Imagine the Potential

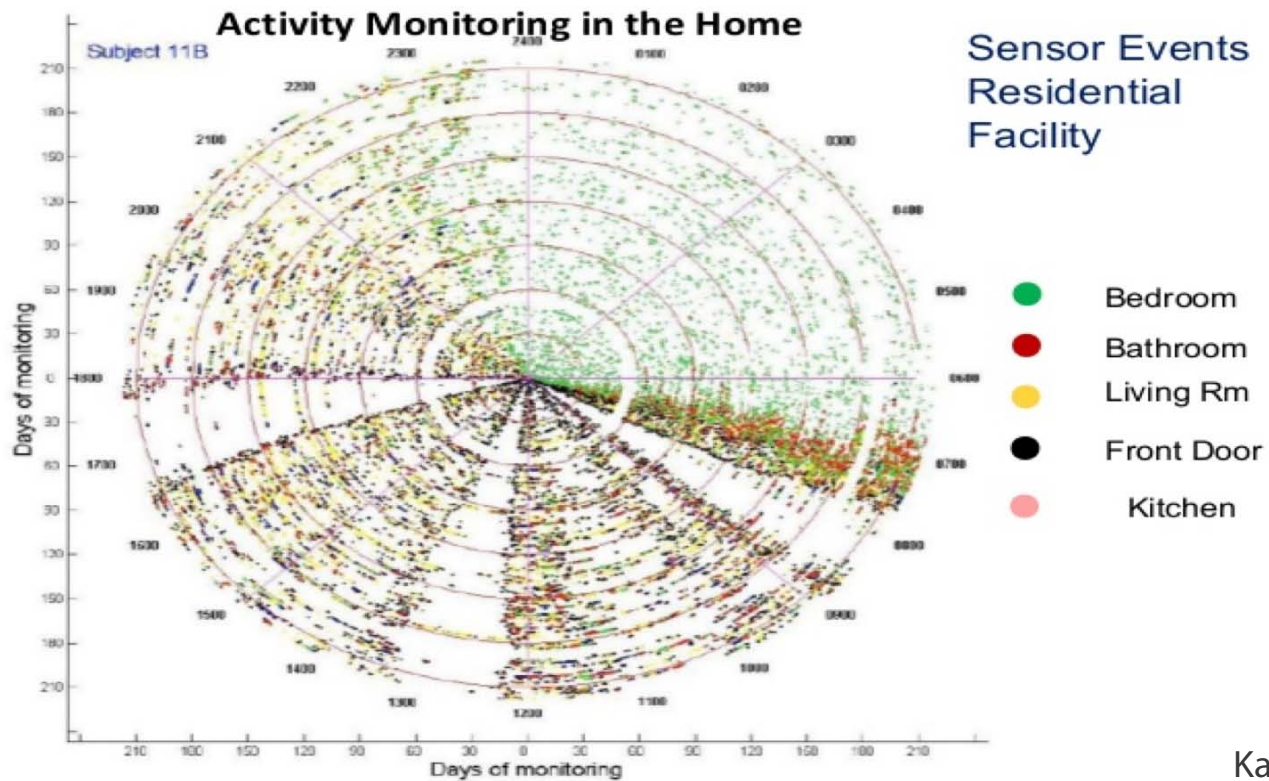
The combination of different approaches, modalities, and sensors allows us to collect data!



# Big Data in the Home



# Big Data – Patterns of Living



Kaye et al. (OHSU)

## Being Proactive, not Reactive

**Big data allows us to  
look forward and  
predict changes in  
health before they even  
occur**

# Predicting Cognitive Impairment



**3 months**

**85%**  
**ACCURATE**



The current landscape  
needs to change in  
order for these new  
innovations to make it  
to the marketplace

**Accept  
risk**

**Change  
delivery  
models**

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**Work  
collaboratively**

**Rethink  
the way  
we design**

**The Technology is not enough...**

**We have to examine issues  
around service delivery,  
practice, & policy\***

**\*Tech MUST be part of the National Dementia Strategy**

# New Delivery Models

The majority of new technologies to support older adults are NOT medical devices

They are being developed as consumer products that could be purchased directly by the consumer

More importantly, there is a grassroots movement in the field where consumers (e.g. caregivers) are building their own solutions



**Disruption  
requires a  
COLLABORATIVE and  
TRANSDISCIPLINARY  
approach**

# AGE-WELL – Canada’s Tech & Aging Network

AGE-WELL was established in March 2015 with funding from the Networks of Centres of Excellence (NCE) Program through the Canadian Federal Government

The goal of an NCE is to bring together the best and brightest in a specific sector, working towards having social and economic impact

AGE-WELL received \$36.6M (2<sup>nd</sup> largest in NCE history) from 2015-2020, with a potential 15 year mandate





## by the Numbers\*

\*as of September 2017

# 398

HIGHLY QUALIFIED PERSONNEL (HQP)



# 141



# 44

Industry &  
Community Partners

Federal & Provincial  
Departments & Agencies

# \$36.6M

FUNDING (2015-2020)  
from the Networks of Centres  
of Excellence (NCE)

# \$22M+

CASH AND IN-KIND  
Contributions from  
Partners

Canada's Technology and Aging Network



# 37

MEMBER UNIVERSITIES  
AND RESEARCH CENTRES  
*across Canada*

# 150+

RESEARCHERS



Aging Gracefully across Environments using Technology  
to Support Wellness, Engagement, and Long Life

# We Produce Real-World Products

**Technologies**

**Services**

**Policy & Practice**



# Innovations being Developed



New tools for the inclusion of end-users

New novel sensors to measure activity levels

Non-contact physiological monitoring systems

Social and personal robotics

Technology to monitor and assess mental health

Technologies for socialization and connectedness

Understanding policies and regulatory issues

# Going Forward

The time is now!

Being incremental in this field is no longer acceptable

The technology may be the easy part – the ethical, social, and cultural aspects need to be considered and incorporated throughout the process



## For More Information

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Aging Gracefully across Environments using Technology  
to Support Wellness, Engagement, and Long Life