

Current Family Support Groups Westman Region



Binscarth/Russell

Third Wednesday of the month, 6:30 pm
Birtle Drop-in Centre

Boissevain

First or second Monday of the month, 10:30 am
Board Room at Boissevain Health Centre

Brandon

Fourth Monday of the month, 6 pm
Alzheimer Society Westman Region Office (call for details)
Second Wednesday of the month, 2 pm
CGP 4th Floor Assiniboine Centre

Killarney

First or second Monday of the month, 2 pm
Tri-Lake Health Centre (Call for calendar of dates)

Minnedosa

Second Friday of the month starting February 9, 10 am
Minnedosa 50+ Activity Centre

Neepawa

First Tuesday of the month, 2 pm
Country Meadows Personal Care Home

Virден

Fourth Thursday of each month, 10 am
Virден Health Unit



Sometimes it helps to talk to other people who are experiencing the same feelings, frustrations and challenges as you.

These groups bring caregivers together to talk about their experiences and offer support and advice to each other.

For more information
contact the Westman Office:
phone: 204-729-8320
email: wmprog@alzheimer.mb.ca
or visit alzheimer.mb.ca