

Current Family Support Groups South Central Region



Altona

Last Monday of the month, 12 pm
Eastview Personal Care Home Altona
Lunch is available

Contact: Leona Nickel - 204-324-6223

Carman *(beginning Sept. 2019)*

Last Wednesday of the month, 1 pm
Carman Active Living Centre

Contact: Kathy Fehr - 204-325-5634



Winkler/Morden *(beginning Sept. 2019)*

First Wednesday of the month, 2pm
Boundary Trails Health Centre

Contact: Kathy Fehr - 204-325-5634

Sometimes it helps to talk to other people who are experiencing the same feelings, frustrations and challenges as you.

These groups bring caregivers together to talk about their experiences and offer support and advice to each other.



For more information, contact Kathy Fehr, Regional Coordinator,
at 204-325-5634 or alzsc@alzheimer.mb.ca

alzheimer.mb.ca