Alzheimer Society Dementia Care & Brain Health

Telehealth Family Education For Those Impacted by Dementia

# UPCOMING SEMINARS Winter/Spring 2020

## Killarney Tri-Lake Health Centre 86 Ellis Dr., Killarney, MB Board Room

## Refusing Medications: Why, What and How? Tuesday, February 11, 6:30 – 8 pm

Learn tips on cueing people to take their medications, questions to ask health providers about medications, along with other issues and considerations around medications and dementia.

**Presented by:** Terri Bowser, Regional Educator, Rehabilitation, Healthy Aging and Seniors Care, Winnipeg Regional Health Authority

#### Legal Matters Tuesday, March 10, 6:30 – 8 pm

Find out more about three legal documents that are important for future planning – wills, powers of attorney and health care directives. What are they, why are they important and how do you get them?

**Presented by:** Heather Dixon, LL.B., Counsel to The People's Corner Law Office, Winnipeg

## Transitioning to Long Term Care Tuesday, April 14, 6:30 – 8 pm

Understand the process when transitioning to a personal care home. Where should you start? Who should you talk to? How long is the wait time? What if you decline a bed offer?

> **Presented by:** Michelle Janz, Mental Health Resource Nurse, Fairview Long Term Care, Brandon

# Everyone Welcome!

Please

arrive by 6:15 pm

You can register: Online: <u>alzheimer.mb.ca</u> Email: <u>alzmb@alzheimer.mb.ca</u> Phone: 1-800-378-6699



alzheimer.mb.ca