

Finding Memories Through Music and Movement in Cognitive Impairment

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What is the research about?

A study looking at the relationship between music and movement. We are interested in seeing if and how movement performance and anxiety change in healthy older adults and individuals with mild-to-moderate cognitive impairment.

What is Involved?

Two 1-hour virtual sessions through Zoom. The first will be for familiarization about the study and eligibility. Session 2 will include a simple computer task while listening to music. We will measure anxiety, and you will fill out a short questionnaire before, between and after each condition.

Testing will take place online at a location convenient for you. To thank you for your participation, you will receive a small honorarium for your time.

If interested or would like more information, please contact Courtney Addison at:

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Participation is voluntary and information is kept confidential.



This research has been approved by the Education/Nursing Research Ethics Board. If you have any concerns or complaints about this project you may contact any of the above-named persons or the Human Ethics Coordinator (HEC) 474-7122 or humanethics@umanitoba.ca.



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