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RESEARCH STUDY

We are interested in the importance and perspectives on nutrition and end of life conversations of caregivers and healthcare providers of older adults in Manitoba long-term care homes

Navigating the Nutrition Information Landscape for Caregivers and Healthcare Providers of Residents in Long- Term Care Homes at the End of Life

The objectives of this study are:

1. Examine the food and eating perspectives of caregivers and HCPs of residents at the end of life (EOL) in LTC homes to determine the best information needed to guide EOL conversations in normal conditions and during a pandemic
2. Determine when nutrition EOL information would be the most beneficial, and what are the most effective delivery methods once the resident is admitted to a LTC setting

Inclusion criteria:

1. A substitute decision-maker/proxy for a resident who was admitted to a LTC home in the WRHA prior to March 2020 and currently resides there or had lived there for at least three months
2. Able to carry out a conversation in English

**For more information, please contact the Research Coordinator
Haley Pidborchynski at pidborch@myumanitoba.ca**

Participants will be compensated for their time with a \$20 e-gift card to a grocery store

This research has been approved by the Research Ethics Board 2 at the University of Manitoba. Any concerns about this project, contact Dr. Lengyel (Christina.Lengyel@umanitoba.ca) or the Human Ethics Coordinator (HEC) at (204) 474-7122.