

HOW TO TAKE A SHOWER

1

GET READY

- Take off your clothes.
- Get your towel.



2

CHECK THE WATER

- Make sure the water is warm.



3

STEP INTO THE SHOWER

- Hold the grab bar if you need to.



4

WASH

- Use soap.
- Wash your face.
- Wash your body.



5

RINSE

- Rinse off all the soap.



6

TURN OFF THE WATER

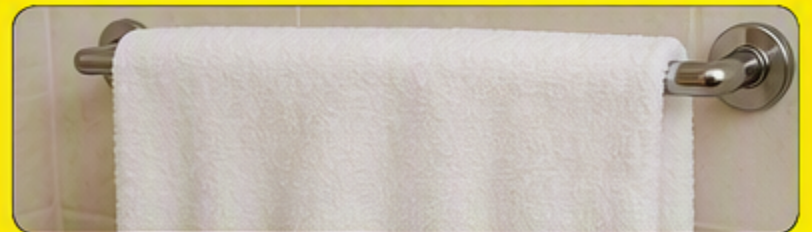
- Turn the water off.



7

DRY OFF

- Dry your body well.



8

GET DRESSED

- Put on clean clothes.
- Great job!

